



Greater Toronto Hockey League Concussion Documenting Process

When a Concussion is Suspected

1. Remove the athlete from play immediately.
2. Trainer completes the [Injury Report Form](#).
3. Trainer provides the athlete's family with a [Medical Assessment Letter](#) to take to a physician for assessment.

Following the Medical Assessment

If no concussion is diagnosed:

- The family provides the completed Medical Assessment Letter to the Trainer.
- The athlete may return to play once the required documentation has been received by the Trainer.
- The Trainer submits the [Injury Report Form](#) and [Medical Assessment Letter](#) to the GTHL at participantsafety@gthlcanada.com.

If a concussion is diagnosed:

- The Trainer initiates the [Communication Tool](#) process by signing off and provides it to the family.
- The family follows the required [Return-to-Sport Protocol](#) signing off on the [Communication Tool](#) along the way.
- Once the athlete has completed the Return-to-Sport Protocol and has the Medical Clearance Letter completed the athlete may return to play once documentation as been received by the Trainer. For a confirmed concussion, the Trainer must provide the GTHL with:
 - [Injury Report Form](#)
 - [Medical Assessment Letter](#)
 - [Communication Tool](#)
 - [Medical Clearance Letter](#)

All documentation can be sent to participantsafety@gthlcanada.com.

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