



Date: _____ Athlete's name: _____

To whom it may concern,

Athletes who sustain a suspected concussion should be managed according to the Canadian Guideline on Concussion in Sport. Accordingly, I have personally completed a Medical Assessment on this patient.

RESULTS OF MEDICAL ASSESSMENT

This patient has not been diagnosed with a concussion and can resume full participation in school, work, and sport activities without restriction.

This patient has not been diagnosed with a concussion, but the assessment led to the following diagnosis and recommendations:

This patient has been diagnosed with a concussion.

The goal of concussion management is to allow complete recovery of the patient's concussion by promoting a safe and gradual return to school, work and sport activities. The patient has been instructed to avoid activities that could potentially place them at risk of another concussion or head injury until they have been provided with a Medical Clearance Letter from a medical doctor or nurse practitioner in accordance with the Canadian Guideline on Concussion in Sport.

Other comments:

Thank you very much in advance for your understanding.

Yours Sincerely,

Signature/print _____ M.D. / N.P. (circle appropriate designation)*

- *In rural, remote or northern regions, the Medical Assessment Letter may be completed by a nurse with pre-arranged access to a medical doctor or nurse practitioner. Forms completed by other licensed healthcare professionals should not otherwise be accepted.*
- *In Manitoba the Medical Assessment Letter may be completed by a physician assistant.*
- *In Quebec, nurse practitioners cannot diagnose concussion. The role of physiotherapists in the assessment and management of concussion is specified. [Learn more](#)*

